

MICRODERMABRASION PROTOCOL

- 1) **Cleansing:**
 - Stone Crop Gel Wash – for all skin types
 - Calm Skin Chamomile Cleanser – for sensitive skin types
- 2) **Toning:**
 - Mangosteen Revitalizing Mist – for oily, sensitive, acne-prone or rosacea skin types
 - Lime Refresh Tonic – for normal to combination skin types
 - Neroli Age Corrective Hydrating Mist – for dry, devitalized or mature skin types

3) Microdermabrasion

4) Optional exfoliation after microdermabrasion:

If you have not performed an overly strong Microdermabrasion or if you judge the skin tolerant enough for additional exfoliation for a more advanced peeling effect, you may choose the **Tumeric Energizing Treatment**. This exfoliation should be done at the clients' own risk and at their own request. A preliminary patch test is advised before a general application is made: Cleanse skin behind the ear, apply the product and leave undisturbed for 10 minutes. Due to the active, stimulating properties of this product, heated skin and a warm tingling sensation is a natural reaction to product. (Client should be warned about the warm, tingling sensation that will last for a few minutes, and may reactivate once water is reintroduced). If no unnatural reaction occurs, apply the product as directed.

5) Masque to be used after extractions in facial massage or as a leave-on masque:

FOR OILY OR ACNE SKINS: Apply the **Clear Skin Probiotic Masque** – a cool and tingling sensation is to be expected

FOR ALL SKINS: Apply the **Stone Crop Masque** or the **Menthol Rosehip Treatment**.

FOR DRY SKINS: Apply the **Strawberry Rhubarb Masque** or the **Yellow Sweet Clover Anti-Redness Masque**.

FOR VERY SENSITIVE SKINS: Apply the **Yellow Sweet Clover Anti-Redness Masque** or the **Linden Calendula Treatment Cream**.

6) Face, neck and décolleté massage:

Massage is optional, primarily recommended for normal to dry skin types. Suggested products include the **Linden Calendula Treatment Cream** or the **Monoï Age Corrective Night Cream for Face & Neck**.

- 7) **Serum:**
 - Calm Skin Arnica Booster-Serum – for all skin types including sensitive
 - Clear Skin Willow Bark Booster-Serum – for only, acne-prone skin

8) Moisturizing: Apply appropriate moisturizer from the available range of Éminence moisturizers.

9) Sun Defense:

FOR ALL SKINS: Apply **Sun Defense Minerals SPF 30** as per instructions to finish and protect your client's skin.

Note: After a microdermabrasion treatment, skin will be more sensitive to the sun. Application of an SPF product is mandatory after treatment. Advise your client to use a sunscreen, wear protective clothing, and limit sun exposure after each treatment and for a week afterwards.